



PYRAMID COMMUNITY CAFE
PARENTS AND YOUTH REACHING AMAZING MILESTONES WITH
INITIATIVE AND DEDICATION.
868 GEORGE ENGRAM BOULEVARD ROOM 216W
DAYTONA BEACH, FLORIDA 32114
386/322-6102 EXT 7



Living the Protective Factors
June 2015 Newsletter

BUNNELL CAFÉ DIALOGUE
2nd Friday of Every Month

- Date: Friday, June 12, 2015**
- Location: G.W. Carver Community Center, 206 East Drain Street, Bunnell, FL., 32110
- Time: 10:00 a.m. to 11:30 a.m. Come join the Bunnell Café for doughnuts, coffee and great conversation as we continue to build relationships with our Flagler Community.

THE HEALTHY START FAMILY PLACE
Available to ALL FAMILIES

Location: Deltona City Hall
2345 Providence Boulevard
Room 151
Deltona, Florida 32725

Days of Operation:
 Friday, June 5, 2015
 Friday, June 12, 2015
 Friday, June 19, 2015
 Friday, June 26, 2015

Open: 9:00 a.m.—4:00 p.m.

Services Provided:

National Safety Month

June 3, 2014—Sad news to report today. An 18-month old toddler died in a hot car outside of a Florida elementary school. This is the third heatstroke death of the year and the second in Florida.

Please don't ever leave a child alone in a car—not even for a minute. For more facts and resources, visit noheatstroke.org and download our fact sheet here: <http://ow.ly/NPFS2>. Don't let your child die by something easily overlooked. Did you forget something?

PYRAMID COMMUNITY DAYTONA CAFÉ DIALOGUE

- Date: Friday, June 19, 2015**
- Location: PYRAMID Community Café, 868 George Engram Blvd, Daytona Beach, Florida 32114
- Time: 6:00 p.m. to 7:30 p.m.
- Monthly Dialogue -ALL community members are invited to add to the richness of our meaningful conversations.
- Childcare is provided.

- Computers with link to Department of Children and Families (DCF) ACCESS System which allows you to create and track applications for: 1) Food Assistance, 2) Temporary Cash Assistance, 3) Medicaid, 4) Emergency Medical Assistance.
- Linkages to Community Resources.
- Coordination with other Community Providers: Daytona State College, Health Department, Early Learning Coalition, DCF, Healthy Start, Healthy Kids, Career Source, and The House Next Door.

Contact person: Roshia Loach at (386) 252-4277 or at rosha.loach@healthystartfv.org.

Nearly 70% of children left in vehicles are left by a caretaker. Maybe it's an overworked parent who forgets to drop off their child at daycare, or a relative who thinks the child will be okay "for just a few minutes." Another 18% of kids crawl into the vehicles themselves.

- Put something you need on that tip in the backseat (a purse or briefcase) or place a stuffed animal in the front seat to remind you the child is there.
- Use drive-through when possible.
- Arrange for daycare to call when a child hasn't been dropped off or have your partner cross-check with you.

HAPPY FATHERS DAY (Sunday, June 21, 2015)

Father's Day in the United States is on the third Sunday of June. It celebrates the contribution that fathers and father figures make for their children's lives. Its origins may lie in a memorial service held for a large group of men, many of them fathers, who were killed in a mining accident in Monongah, West Virginia in 1907.. So be sure to take this opportunity to thank that extra special person in your life and let him know just how truly special he is.



Family Engagement, and the Protective Factors and Café

IN THE MOMENT OF CRISIS, THE WISE BUILD BRIDGES AND THE FOOLISH BUILD DAMS.
~ NIGERIAN PROVERB

Community Café Offers:

- Positive **Social Connections**
- Monthly Café Dialogues (Day & Evenings)
- Volunteer Opportunities
- Computer Access
- Career Building
- Evidenced-Based Parenting Courses
- One Stop Career Link
- Peer Support
- Leadership Skills Building
- Connection to Healthy Start
- Connection to Healthy Families
- Connection to Early Learning Coalition
- Computer Access to Food Stamps, Medicaid and much more!
- Networking Opportunities

Lend Your Voice:

The Café is a great place where families and agencies come together to assist one another with valuable support.

Growing together as a team, we realize the need to have a strong family voice to help us shift and shape the services offered to our children and families. The opportunity to volunteer, advocate for another and provide your experience to members of your community is amazing and available through Café membership and leadership.

We urge you to place one simple call to find out more about how your leadership, skills, talents and time are needed to improve the outcomes for our future. As parents, we know our children depend on us to provide bonding, care and love. Often times, we need

the support of another parent who understands our journey in order to feel connected to the “outside” world.

If we remain silent, no one will hear our needs. Nor will they be able to witness how great you are.

We value your greatness and we value you!

PROTECTIVE FACTOR OF THE MONTH Parental Resiliency

Resiliency is the ability to recover from or adjust easily to adversity or change. The Café is a safe place where families can connect and begin to build strong trusting relationship with each other and to learn how to become more resilient. For parent tips on fostering resiliency in children, click on the link <http://www.apa.org/topics/parenting/tip-tool-brochure.pdf>

Dad's Corner

Fathers.com &
thisisfatherhood.com



Bonding with Your Baby:

5 Top Tips to improve Connection Between Dad and Child:

1. **Set a table for two;**
Very interactive and fun if your child is old enough to sit up and enjoy the mess!
2. **Change a diaper;**
This is a time for your child to see and feel our nurturing. May be difficult to appreciate the bonding while dealing with wet one, believe me it works!
3. **The bench press;**
Work on biceps and attachment as you gently hoist your child WAY UP!
4. **Beat the cold or fever;**
No one likes to be sick and your child will appreciate the closeness and security from Dad.
5. **Take lots of pictures;**
This is a precious way to show family, friends and loved ones the wonderful connection you and your child have established. Remember Kodak....a picture is worth a thousand words!

Hours of Operation:

Monday: 9:00 a.m.—4:00 p.m.

Wednesday: 9:00 a.m.—4:00 p.m.

Friday: 9:00 a.m.—4:00 p.m.

The Café is a safe place where families help families build Protective Factors through healthy relationships, dialogue and resource sharing to improve the quality of life for our families.