



PYRAMID COMMUNITY CAFE
PARENTS AND YOUTH REACHING AMAZING MILESTONES WITH
INITIATIVE AND DEDICATION.
868 GEORGE ENGRAM BOULEVARD ROOM 216W
DAYTONA BEACH, FLORIDA 32114
386/322-6102 EXT 7



Living the Protective Factors
May 2015 Newsletter

<p>BUNNELL CAFÉ DIALOGUE 2nd Friday of Every Month</p> <ul style="list-style-type: none"> Date: Friday, May 8, 2015 Location: G.W. Carver Community Center, 206 East Drain Street, Bunnell, FL., 32110 Time: 10:00 a.m. to 11:30 a.m. Come join the Bunnell Café for doughnuts, coffee and great conversation as we continue to build relationships with our Flagler Community. 	<p align="center">THE HEALTHY START FAMILY PLACE Available to ALL FAMILIES</p> <p>Location: Deltona City Hall 2345 Providence Boulevard Room 151 Deltona, Florida 32725</p> <p>Days of Operation: Friday, May 1, 2015 Friday, May 8, 2015 Friday, May 15, 2015 Friday, May 22, 2015 Friday, May 29, 2015</p> <p>Open: 9:00 a.m.—4:00 p.m.</p> <p>Services Provided:</p> <ul style="list-style-type: none"> Computers with link to Department of Children and Families (DCF) ACCESS System which allows you to create and track applications for: 1) Food Assistance, 2) Temporary Cash Assistance, 3) Medicaid, 4) Emergency Medical Assistance. Linkages to Community Resources. Coordination with other Community Providers: Daytona State College, Health Department, Early Learning Coalition, DCF, Healthy Start, Healthy Kids, Career Source, and The House Next Door. <p>Contact person: Rosha Loach at (386) 252-4277 or at rosha.loach@healthystartfv.org.</p>	<p align="center">ANNOUNCING OUR NEWEST PROTECTIVE FACTORS CAFÉ TALK</p> <p align="center">The Lion’s Club Host Café Talk and Tacos</p> <ul style="list-style-type: none"> Date: Friday, May 22, 2015 Location: The Lions Club 400 North Garfield Avenue Deland, Florida 32724 Time: 6:00—7:30 p.m. Support for Parents, Foster Care Givers, Students and any other Community Member who shares our passion for improved Social Connections and Strengthening Communities. Come and join us for meaningful conversation and a wonderful time to meet, greet and eat with other Community members.. Contact Corey Best @386-846-0515/ corey.best@ healthystartfv.org or Wendy Wilson@386-738-1020/ lionheart815@cfl.rr.com
<p>PYRAMID COMMUNITY DAYTONA CAFÉ DIALOGUE</p> <ul style="list-style-type: none"> Date: Friday, May 15, 2015 Location: PYRAMID Community Café, 868 George Engram Blvd, Daytona Beach, Florida 32114 Time: 6:00 p.m. to 7:30 p.m. Monthly Dialogue -ALL community members are invited to add to the richness of our meaningful conversations. Childcare is provided. 		

HAPPY MOTHERS DAY

Mother's Day in the United States is annually held on the second Sunday of May. It celebrates motherhood and it is a time to appreciate mothers and mother figures. Many people give gifts, cards, flowers, candy, a meal in a restaurant or other treats to their mother and mother figures, including grandmothers, great-grandmothers, stepmothers, and foster mothers. So be sure to take this opportunity to thank that extra special person in your life and let her know just how truly special she is.



Family Engagement, and the Protective Factors and Café

A family tie is like a tree, it can bend but it cannot break.

~African Proverb

Dad's Corner

Fathers.com &
thisisfatherhood.com



Bonding with Your Baby:

5 Top Tips to improve Connection Between Dad and Child:

1. **Set a table for two;**
Very interactive and fun if your child is old enough to sit up and enjoy the mess!
2. **Change a diaper;**
This is a time for your child to see and feel our nurturing. May be difficult to appreciate the bonding while dealing with wet one, believe me it works!
3. **The bench press;**
Work on biceps and attachment as you gently hoist your child WAY UP!
4. **Beat the cold or fever;**
No one likes to be sick and your child will appreciate the closeness and security from Dad.
5. **Take lots of pictures;**
This is a precious way to show family, friends and loved ones the wonderful connection you and your child have established. Remember Kodak....a picture is worth a thousand words!

Community Café Offers:

- Positive **Social Connections**
- Monthly Café Dialogues (Day & Evenings)
- Volunteer Opportunities
- Computer Access
- Career Building
- Evidenced-Based Parenting Courses
- One Stop Career Link
- Peer Support
- Leadership Skills Building
- Connection to Healthy Start
- Connection to Healthy Families
- Connection to Early Learning Coalition
- Computer Access to Food Stamps, Medicaid and much more!
- Networking Opportunities

Lend Your Voice:

The Café is a great place where families and agencies come together to assist one another with valuable support.

Growing together as a team, we realize the need to have a strong family voice to help us shift and shape the services offered to our children and families. The opportunity to volunteer, advocate for another and provide your experience to members of your community is amazing and available through Café membership and leadership.

We urge you to place one simple call to find out more about how your leadership, skills, talents and time are needed to improve the outcomes for our future. As parents, we know our children depend on us to

provide bonding, care and love. Often times, we need the support of another parent who understands our journey in order to feel connected to the "outside" world.

If we remain silent, no one will hear our needs. Nor will they be able to witness how great you are.

We value your greatness and we value you!

PROTECTIVE FACTOR OF THE MONTH

Social Connections:
Everybody Needs Friends

How do you build trust in a relationship?

The Café is a safe place where families can connect and begin to build strong trusting relationship with each other. Remember, always do the right thing. We trust those who live, walk and work with integrity.

Hours of Operation:

Monday: 9:00 a.m.—4:00 p.m.

Wednesday: 9:00 a.m.—4:00 p.m.

Friday: 9:00 a.m.—4:00 p.m.

The Café is a safe place where families help families build Protective Factors through healthy relationships, dialogue and resource sharing to improve the quality of life for our families.