



PYRAMID COMMUNITY CAFE
PARENTS AND YOUTH REACHING AMAZING MILESTONES WITH
INITIATIVE AND DEDICATION.
868 GEORGE ENGRAM BOULEVARD ROOM 216W
DAYTONA BEACH, FLORIDA 32114
386/322-6102 EXT 7



Living the Protective Factors

September 2014 Newsletter

WEALTH WELLNESS

- **Date: Thursday, September 11, 2014**
- Time: 4:00 to 5:00 p.m.
- Location: PYRAMID Community Café
- Focus: Bobby Balsamel will provide FREE monthly money management, Budgeting and financial tips to members of our community. We don't need to be rich to be wise with spending or to achieve **wealth wellness!!!**

BUNNELL CAFÉ TALK

- **Date: Friday, September 12, 2014**
- Location: G.W. Carver Community Center, 206 East Drain Street, Bunnell, FL., 32110
- Time: 10:00—11:30 a.m.
- Come join the Bunnell Café for doughnuts, coffee and great conversation as we continue to build relationships with our Flagler Community.

SEPTEMBER IS FLORIDA'S NATIONAL RECOVERY MONTH

Recovery Month is an annual observance that takes place during the month of September highlighting the benefits of prevention, substance abuse and mental health treatment, applauding the contribution of providers and promoting the message that prevention and recovery of addiction and mental illness in all its forms is achievable.

Go to: www.FloridaRecoveryMonth.com for a listing of events in your area as well as the events shown below. A few events which might be of interest:

- **Live the Life-Enrich your Relationships and your Recovery from Life's Issues**
- Date: September 12, 2014
- Location: Tomoka Christina Church , 1450 Hand Avenue, Daytona Beach, Florida
- Time: 6:30 p.m.
- Registration required
- **Join the Ride-Ride for Recovery/Bandshell Celebration (Open registration-1:30 p.m.)**
- Date: Saturday, September 27, 2014
- Location: Daytona Beach Bandshell, 250 N. Atlantic Avenue, Daytona Beach Florida
- Time: 4:00 p.m.

PYRAMID COMMUNITY DAYTONA CAFÉ DIALOGUE

- **Date: Friday, September 19, 2014**
- Location: PYRAMID Community Café, 868 George Engram Blvd, Daytona Beach, Florida 32114
- Time: 6:00 p.m. to 7:30 p.m.
- Topic: Monthly Dialogue
- ALL community members are invited to add to the richness of our meaningful conversations.
- Childcare is provided

THE HUDDLE (Male Support)

- **Date: Thursday, September 25, 2014**
- Location: Jakob's Well, 132 N. Beach Street, Daytona Beach, FL., 32114
- Time: 6:00 p.m. to 7:00 p.m.
- Support for MEN has arrived!
- Men will discuss our relationships with others, family and cultural influences and our roles in society.

STRENGTHENING FAMILIES OVERVIEW TRAINING

Sponsor: Daytona State College – CCAMPIS Program (*Child Care Access Means Parents in School*)
Location: Daytona Beach Campus, 1200 W. International Speedway Blvd., Bergengren Hall Building 100, Room 219, Daytona Beach, Florida 32114
Date: Tuesday, September 30, 2014
Time: 1:00 p.m. – 6:00 p.m.
 Advance Registration Required: Contact Corey Best at corey.best@healthystartfv.org or Maria Long at maria.long@healthystartfv.org – (386) 252-4277 by September 26, 2014.



Family Engagement, and the Protective Factors and Café Resources:

Building healthy relationships is what

“The Café gives me a safe place to meet with other families to gain knowledge and support while being involved in DCF case. I also receive resources and help with Parenting”.

KAYE R. – PARENT LEADER

Dad’s Corner

Fathers.com &
thisisfatherhood.com



Fatherhood Facts:

The Positive Impact of Father Involvement:

In a study examining father involvement with 134 children of adolescent mothers over the first 10 years of life, researchers found that father-child contact was associated with better socio-emotional and academic functioning. The results indicated that children with more involved fathers experienced fewer behavioral problems and scored higher on reading achievement. This study showed the significance of the role of fathers in the lives of at-risk children, even in case of nonresident fathers.

Father Factor in Incarceration

Even after controlling for income, youths in father-absent households still had significantly higher odds of incarceration than those in mother-father families. Youths who never had a father in the household experienced the highest odds.



Community Café Offers:

- Positive **Social Connections**
- Monthly Café Dialogues Day & Evenings)
- Volunteer Opportunities
- Computer Access
- Career Building
- Evidenced-Based Parenting Courses
- One Stop Career Link
- Peer Support
- Leadership Skills Building
- Connection to Healthy Start
- Connection to Healthy Families
- Connection to Early Learning Coalition
- Computer Access to Food Stamps, Medicaid and much more!
- Networking Opportunities

Lend Your Voice:

The Café is a great place where families and agencies come together to assist one another with valuable support.

Growing together as a team, we realize the need to have a strong family voice to help us shift and shape the services offered to our children and families. The opportunity to volunteer, advocate for another and provide your experience to members of your community is amazing and available through Café membership and leadership.

We urge you to place one simple call to find out more about how your leadership, skills, talents and time are needed to improve the outcomes for our future. As parents, we know our children depend on us to provide bonding, care and

love. Oftentimes, we need other the support of another parent who understands our journey in order to feel connected to the “outside” world.

If we remain silent, no one will hear our needs. Nor will they be able to witness how great you are.

We value your greatness and we value you!

PROTECTIVE FACTOR OF THE MONTH Concrete Support in Times of Need

Are you comfortable assisting others in need or getting assistance? Don’t be afraid to ASK for Help.

The Café is one tool to help meet your needs by linking you to Community support and resources which will help make your family **STRONG.**

Hours of Operation:

- Monday: 8:00 a.m. until 12:00 p.m.
- Tuesday: 8:00 a.m. until 12:00 p.m.
- Wednesday: 1:00 p.m. until 5:00 p.m.
- Thursday: 1:00 p.m. until 5:00 p.m.
- Friday: 8:00 a.m. until 12:00 p.m.

The Café is a safe place where families help families build Protective Factors through healthy relationships, dialogue and resource sharing to improve the quality of life for our families.