



**PYRAMID COMMUNITY CAFE**  
**PARENTS AND YOUTH REACHING AMAZING MILESTONES WITH**  
**INITIATIVE AND DEDICATION.**  
**868 GEORGE ENGRAM BOULEVARD ROOM 216W**  
**DAYTONA BEACH, FLORIDA 32114**  
**386/322-6102 EXT 7**



**Living the Protective Factors**  
**August 2014 Newsletter**

**WEALTH WELLNESS**

- **Date: Thursday, August 14, 2014**
- Time: 4:00 to 5:00 p.m.
- Location: PYRAMID Community Café
- Focus: Bobby Balsamel will provide FREE monthly money management, Budgeting and financial tips to members of our community. We don't need to be rich to be wise with spending or to achieve **wealth wellness!!!**

**THE HUDDLE (Male Support)**

- **Date: Thursday, August 28, 2014**
- Location: 500 South Ridgewood Avenue, Daytona Beach, FL, 32114
- Time: 6:00 p.m. to 7:00 p.m.
- Support for MEN has arrived!
- Men will discuss our relationships with others, family and cultural influences and our roles in society.

**DAYTONA BEACH**  
**MAYORS BACKPACK**  
**GIVE-AWAY**

**Free Back-Packs and School Supplies!**

- **Date: August 9, 2014**
- Location: Yvonne Scarlett Golden Cultural and Educational Center  
1000 Vine Street  
Daytona Beach, Florida
- Time: 9:00 a.m.—12:00 p.m.
- **Date: August 11, 2014**
- Location: Lenox Park,  
825 Grandview Avenue  
Daytona Beach, Florida
- Time: 2:00 p.m. - 4:00 p.m.
- **Date: August 16, 2014**
- Location: Daisy Stocking Park  
555 Mary McLeod Bethune Blvd.  
Daytona Beach, Florida 32114
- Time: 2:00 p.m. - 4:00 p.m.

**Available to Daytona Beach Residents ONLY!**  
 ID will be required as proof of residency.

**PROTECTIVE FACTOR**  
**OF THE MONTH :**  
**Parental Resilience**

Strength in the face of adversity! Resilience is the lifelong process of enduring and growing through crisis. Having the ability to remain hopeful, confident and solve problems effectively helps us with general and parenting stress. The Café is one tool to assist us as we bounce back!

**PYRAMID COMMUNITY**  
**DAYTONA CAFÉ DIAOGUE**

- **Date: Friday, August 15, 2014**
- Location: PYRAMID Community Café, 868 George Engram Blvd, Daytona Beach, Florida 32114
- Time: 6:00 p.m. to 7:30 p.m.
- Topic: Monthly Dialogue
- ALL community members are invited to add to the richness of our meaningful conversations.
- Childcare is provided



**Bunnell Café Talk:** G.W. Carver Community Center, 206 East Drain Street, Bunnell, FL., 32110: Friday, August 22, 2014 from 10:00 to 11:30 a.m., join the Bunnell Café for doughnuts, coffee and great conversation as we continue to build relationships with our Flagler Community.

**Please turn me over for more great information**



## Family Engagement, and the Protective Factors and Café Resources:

***Building healthy relationships is what family engagement is all about.***

"Every time I go to the café, be it for dialogue, assistance or to volunteer, I always leave with a smile and a feeling of being loved and supported."

Dawne Pascoe – Parent Leader and Volunteer

## Dad's Corner

Fathers.com &  
thisisfatherhood.com



Fathers play a critical role in the development of their children; however, many fathers are uncertain about the responsibilities and privileges associated with this role. Children need fathers who love and care for them on a consistent basis. The latest research indicates that fathers who are actively involved in raising their children can make a positive and lasting difference in their lives. In contrast, this same research reveals a number of potentially negative outcomes for children whose fathers are not involved. Listed below are some benefits of being an active father:

- Shows that you love your them
- Strengthens emotional security
- Provides guidance and discipline
- Enhances his/her self esteem
- Offers your child a different look at life
- Reinforces bonding and attachment

### Community Café Offers:

- Positive **Social Connections**
- Monthly Café Dialogues (Day & Evenings)
- Volunteer Opportunities
- Computer Access
- Career Building
- Evidenced-Based Parenting Courses
- One Stop Career Link
- Peer Support
- Leadership Skills Building
- Connection to Healthy Start
- Connection to Healthy Families
- Connection to Early Learning Coalition
- Computer Access to Food Stamps, Medicaid and much more!
- Networking Opportunities

### Lend Your Voice:

The Café is a great place where families and agencies come together to assist one another with valuable support.

Growing together as a team, we realize the need to have a strong family voice to help us shift and shape the services offered to our children and families. The opportunity to volunteer, advocate for another and provide your experience to members of your community is amazing and available through Café membership and leadership.

We urge you to place one simple call to find out more about how your leadership, skills, talents and time are needed to improve the outcomes for our future.

As parents, we know our children depend on us to provide bonding, care and love. Oftentimes, we need other the support of another parent who understands our journey in order to feel connected to the "outside" world.

If we remain silent, no one will hear our needs. Nor will they be able to witness how great you are.

We value your greatness and we value you!

### Hours of Operation:

Monday: 8:00 a.m. until 12:00 p.m.

Tuesday: 8:00 a.m. until 12:00 p.m.

Wednesday: 1:00 p.m. until 5:00 p.m.

Thursday: 1:00 p.m. until 5:00 p.m.

Friday: 8:00 a.m. until 12:00 p.m.

***The Café is a safe place where families help families build Protective Factors through healthy relationships, dialogue and resource sharing to improve the quality of life for our families.***