



The Chiles Academy is introducing **CenteringPregnancy®**
at The Bonner Center

IMAGINE your prenatal appointment
beginning exactly on time

IMAGINE receiving care in a safe
and open environment

IMAGINE supportive
prenatal care with friends

IMAGINE having more
time with your prenatal
health care provider

CenteringPregnancy® moves women out of exam rooms and into a warm, group setting to provide prenatal care designed to Assess, Educate, and Support pregnant women in our community.



CenteringPregnancy® facts:

- After your first individual prenatal visit, join your CenteringPregnancy® group for the rest of your pregnancy
- Groups are led by trained and qualified Certified Nurse Midwives and Registered Nurses
- Visits include education on nutrition, self-care, childbirth preparation, infant care, and self-esteem
- Labor and delivery will take place at Halifax Hospital
- Free to Medicaid-eligible participants, sliding scale available to all others
- No age restrictions
- Free pregnancy tests available

To Learn More, Contact:

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<http://schools.volusia.k12.fl.us/chiles/>

In partnership with the March of Dimes, the Healthy Start Coalition of Flagler and Volusia Counties, and the Centering Health Institute